Help Roamer to get to number 10 by filling in the missing instruction – how far?

Column 1:
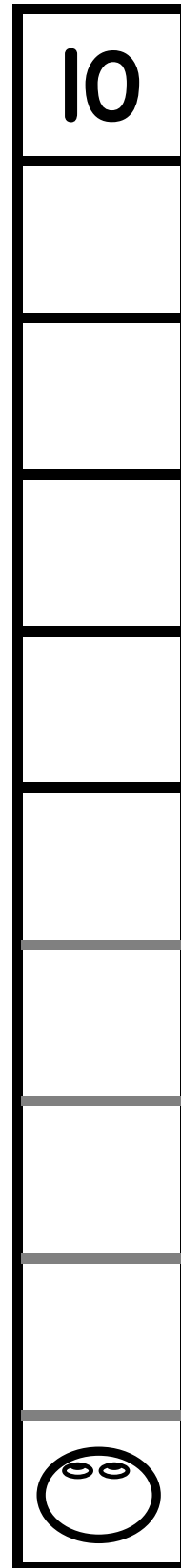10

(face)
2
1

Column 2:
10

(face)
4
3
2
1

Column 3:
10

(face)
3
2
1

Column 4:
10

(face)

△ (blue arrow) □

△ (blue arrow) □

△ (blue arrow) □

△ (blue arrow) □
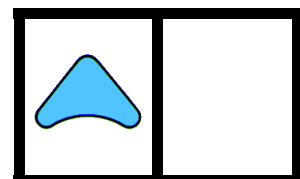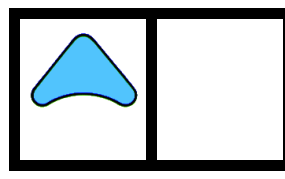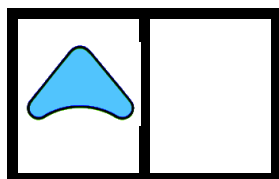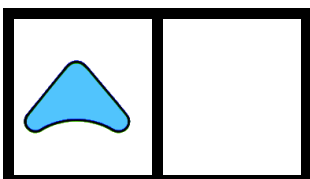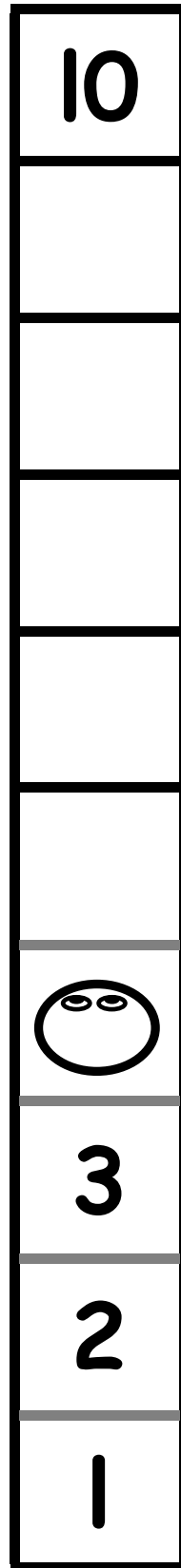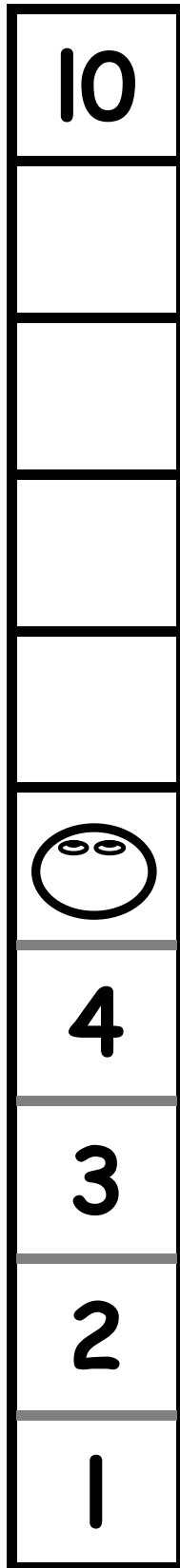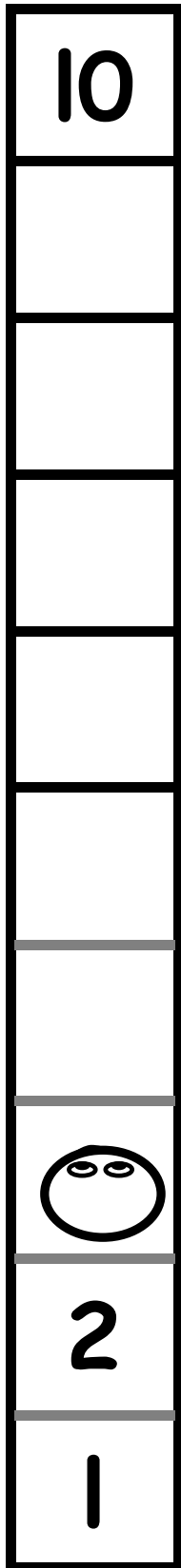
Remember to use a multilink cube to help you!