

288. Healthy Eating Posters and Worksheets

These sheets all relate to the fourth PPT What's on the Menu?

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course					
Starchy food					
Vegetables					
Dessert					

Monday's Menu

Main course	
Starchy food	
Vegetables	
Dessert	
Drink	

A Menu for _____

Starters

Main Course

Dessert

Drinks

A Menu for a giant's lunch _____

Starters

Main Course

Dessert

Drinks

A Menu for Cinderella's Wedding Banquet

Starters

Main Course

Dessert

Drinks

low quality samples only